

IF YOU ARE INJURED AT WORK:

- See First Aid and report your injury to your employer
- Seek medical attention if you need it (doctor/emergency room) and make sure you tell them it happened at work
- Start your WorkSafeBC Claim ASAP **1-888-WORKERS (1-888-967-5377)**
- OR download and submit the Application of Compensation form online **www.worksafebc.com/en/claims**

As a worker, you have every right to seek medical attention without discipline!



**Reporting
Injuries to
WorkSafeBC**



The BC Employment Standards Branch is who we can call to make a complaint or ask a question!
Call toll free: 1-833-236-3700 or use the QR code for the website

- Minimum Wage Rates
- Deductions
- Uniforms and Special Clothing
- Gratuities
- Meal Breaks
- STAT Holiday Pay
- Sickness/Injury Leave
- Overtime Rates
- Quit, Fired, or Laid off
- More...

The BC Employment Standards Act is the law in BC that sets the standard for the following:

BC EMPLOYMENT STANDARDS BRANCH



ALIVE AFTER 5 RESOURCE CARD

- ywsafety@bcfed.ca
- 1-888-223-5669 / 604-290-1202
- healthandsafetybc.ca
- @aa5bcfed



4 BASIC RIGHTS

To **Participate**: in health and safety activities in your workplace and to assist the Joint Occupational Health and Safety Committee identify workplace hazards.

To **Refuse Unsafe Work**: if you are being directed to do something you believe could hurt you or someone else, you have the duty and absolute right to refuse unsafe work.

To **No Retaliation**: for using any of your health and safety rights or contacting the Workers' Compensation Board of BC or your union.

To **Know**: about all the existing or potential hazards in the workplace. As a new/young worker, you have the right to additional training if you need it!

HOW TO REFUSE UNSAFE WORK

UNDER THE OCCUPATIONAL HEALTH AND SAFETY REGULATION 3.12
YOU MUST REFUSE UNSAFE/UNHEALTHY WORK.

- Talk to your supervisor or employer. Bring a co-worker with you for support if you feel comfortable doing so.
- Your supervisor/employer must look into the matter immediately and report back to you.
- Still feel it's unsafe, but your employer has deemed it safe to proceed? You can continue to refuse the work. The supervisor/employer must further investigate with you and a worker representative (Health and Safety Committee or a Union Designate). ***If your workplace has neither of these you can choose a co-worker.***
- If you still believe the work is unsafe, you can continue to refuse and you and the employer must contact WorkSafeBC. Toll-free number is: **1-888-621-7233 (1.888.621.SAFE)**
- A WorkSafeBC prevention officer will then investigate and issue a solution.

TIPS: Use "I" statements and give examples. "I feel this is an unsafe task/job for me because..." "I understand this job is important but I feel it is unsafe for ___ reason(s)" "I will be exercising my right to refuse unsafe work."

REMEMBER: During this time, you may be reassigned to a different task, at no loss of pay.

DID YOU KNOW? If you do not agree with the decision reached, you have the right to appeal the order from WorkSafeBC.



**Refusing
Unsafe Work:
WorkSafeBC**