

2. IMPROVING MENTAL HEALTH IN THE WORKPLACE

ACTIVITY	OUTPUTS	INPUTS	PERFORMANCE MEASURES	OUTCOMES		
				SHORT TERM	MEDIUM TERM	LONG TERM
The provision of face to face or live webinar workplace mental health training and education, as well as the development of resources to support transfer of learning. Target audience includes workers, employers, and unions within the province of BC. Courses delivered within this program include but are not limited to Mental Health First Aid, Implementing the CSA standard for psychologically healthy workplaces, and bullying and harassment.	<p>26,000 hours of instruction</p> <p>~3250 participants</p> <p>7 custom workshops</p> <p>45 hours of consultation or coaching</p>	<p>Funding</p> <p>Staff</p> <p>Travel</p> <p>Consultants</p> <p>Outreach and marketing</p> <p>Technology</p>	<p>Course surveys</p> <p>Feedback from Technical Advisory Committee</p> <p>Focus groups or structured interviews</p>	<p>Increased compliance with WCB bullying and harassment policy</p> <p>Improved response to mental health crises in the workplace</p> <p>Improved attitude towards mental health in the workplace</p>	<p>Increased voluntary adoption of CSA-Z1003-13</p> <p>Improved efficacy of bullying and harassment policies and investigations</p> <p>Stigma reduction</p>	<p>Improved mental health in the workplace</p> <p>Decreased B&H claims</p> <p>Reduction in workplace absenteeism</p>