



**Health & Safety
Centre**

2020

COURSE GUIDE AND SCHEDULE



PREVENTION THROUGH EDUCATION

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BCFEDOHS



BCFED Health & Safety Centre

www.healthandsafetybc.ca



**BC Federation
of Labour (CLC)**

BCFED Health and Safety Centre Programming

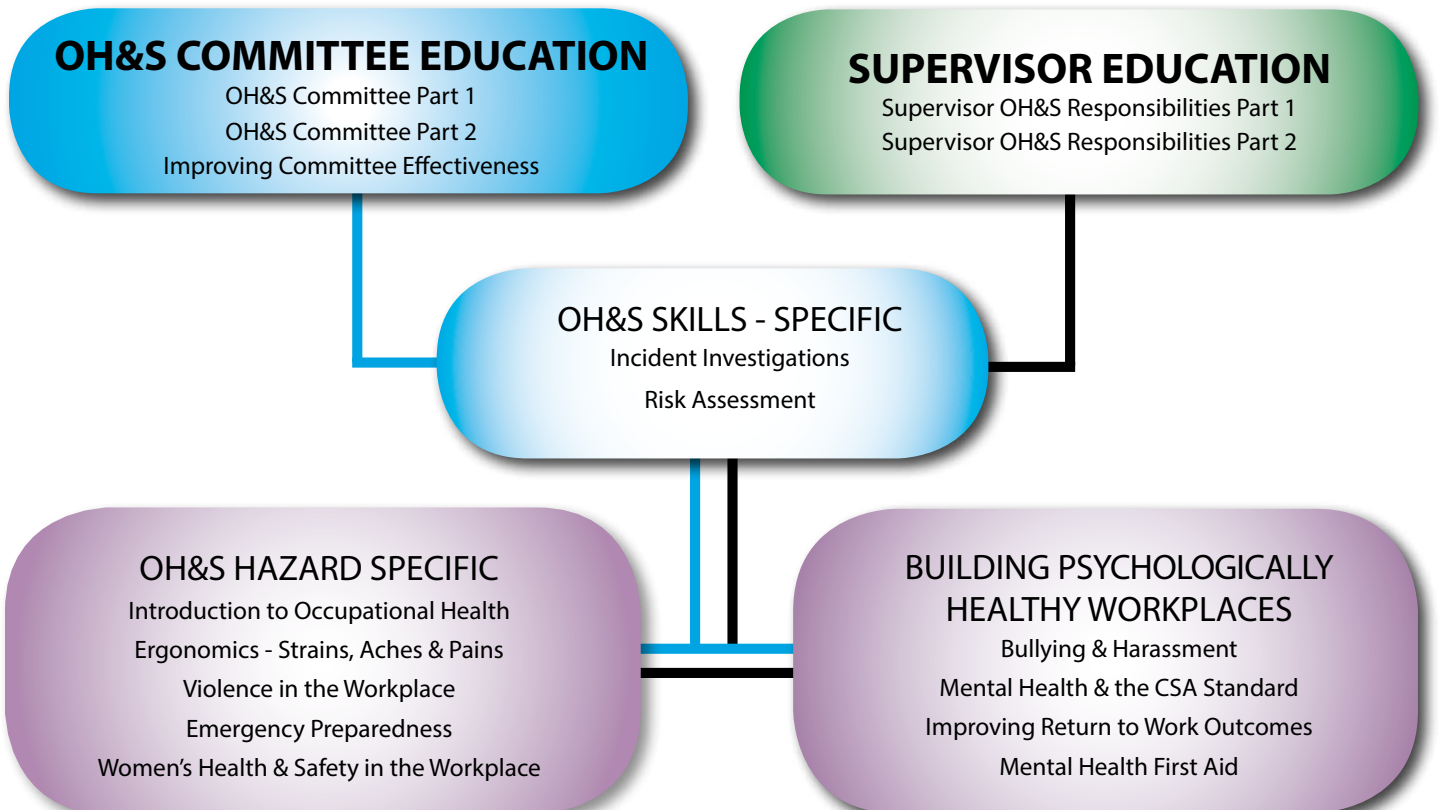
- We have become **the largest** provider of health and safety education for **OH&S Committees** in the province of BC.
- Our new **Supervisor OH&S Responsibilities** program stream has had unprecedented uptake.
- Our **Return to Work** Program has been influencing change in workplace practices.
- Our **Building Psychologically Healthy Workplaces** Program is responding to evolving workplace needs.
- We are the largest provider of peer-to-peer **Young and New Worker** OH&S Rights Education in the province.
- Our **Employment Program OH&S** reaches at-risk and marginalized youth.
- The Centre is a primary provider of targeted OH&S education for **Migrant Workers**.
- We provide one-of-a-kind OH&S education through our **English as an Additional Language (EAL)** program for new Canadians.



For more information on our Young & New Worker, Migrant Worker, and EAL programs, please go to www.healthandsafetybc.ca

OH&S Learning Streams

We have designed our course offerings to provide participants with a sequential learning progression, followed by content that can meet the needs of participant OH&S responsibilities or specific workplace hazards.



OCCUPATIONAL HEALTH & SAFETY COMMITTEE PART 1

This introductory or “fundamentals” occupational health and safety course will introduce new committee members to the basic principles of workplace health and safety. This course also serves as a great “back to basics” course for those OH&S Committee members who desire refresher training.

In this course participants will:

- Learn the legal responsibilities, duties and functions of the Joint OH&S Committee and Worker Representatives
- Learn about health and safety legislation (provincial and federal), workplace parties’ rights and responsibilities including the Right to Refuse unsafe work.
- Indicate key elements of having an effective committee and the process of evaluation.
- Identify the legal requirements of workplace inspections and investigations.
- Understand how to conduct effective workplace inspections.
- Learn about principles of workplace assessment and control strategies.

Note: This course meets the (provincial) mandatory minimum training requirements effective April 2017 for new joint committee members.

Audience: OH&S Committee Members, Managers and Worker Representatives.

*Courses specific to federal OH&S legislation and healthcare are available on request.

OCCUPATIONAL HEALTH & SAFETY COMMITTEE PART 2

The OH&S Part 2 course has been designed to allow participants to pick up where our OH&S Part 1 leaves off and further develops the concepts, tools and resources needed to tackle advanced OH&S issues.

In this course participants will:

- Understand hazard identification and assessment & control principles. (inspections, job safety analysis, work procedures and hazard reporting methods).
- Discuss legal requirements (provincial & federal) and the elements of an effective health & safety program.
- Learn how to research and utilize OH&S legislation.
- Learn hazard control principles, setting priorities, hierarchy of controls & developing effective recommendations.
- Introduction to the importance of understanding health hazards as part of hazard identification.

Audience: OH&S Committee Members, Managers and Worker Representatives.

Prerequisite: Completion of the OH&S Committee Part 1 course is required before taking this course.

*Courses specific to federal OH&S legislation and healthcare are available on request.



SECTION 135

Workers Compensation Act

- 135 (1) Each member of a joint committee is entitled to annual education leave totaling eight (8) hours, or a longer period if prescribed by regulation, for the purposes of attending occupational health and safety training courses conducted by or with the approval of the Board.
- (2) A member of the joint committee may designate another member as being entitled to take all or part of the member’s educational leave.
- (3) The employer must provide the educational leave under this section without loss of pay or other benefits and must pay for, or reimburse the worker for, the costs of the training course and the reasonable costs of attending the course.

OHSR 3.27 Minimum Training Requirements For New Joint Committee Members Or Worker Health And Safety Representatives

- (2) The employer must ensure that each member of the employer’s joint committees who was selected on or after April 3, 2017 to be a member receives, as soon as practicable but no more than 6 months after becoming a member, a total of at least 8 hours of instruction and training, as set out in subsection (4).
- (10) For greater certainty, the instruction and training required under subsection (2) or) of this regulation is not educational leave as set out in section 135 of the Workers’ Compensation Act.

INCIDENT INVESTIGATIONS

When an incident or “near hit” happens at the workplace, an investigation by the employer and the OH&S Committee must take place. In provincially-regulated workplaces, parties are required to perform a preliminary investigation within 48 hours of an incident occurring and then a comprehensive investigation within 30 days. Incident investigation is a serious matter. It is the investigators responsibility to gather the facts, objectively assess those facts, and arrive at corrective recommendations to prevent future incidents.

Incident investigations are a fundamental function and responsibility of supervisors and Joint Health and Safety Committees but they often don't have the proper insight on how to conduct an effective investigation. This course will provide participants with the opportunity to improve their investigative skills, determine “root causes” and develop effective recommendations.

In this course participants will:

- Learn the new legal requirements for incident investigations.
- Examine the principles of incident causation.
- Learn how to conduct a proper investigation by gathering the facts.
- Learn how to analyze the results of your investigation and determine contributing factors and root causes.
- Learn how to prepare reports and develop effective corrective actions.
- Conduct an incident investigation in class and put theory into practice.

Audience: OH&S Committee Members, Managers, Worker Representatives, and Supervisors.

*Courses specific to federal OH&S legislation (Hazardous Occurrence Investigations) are available on request.

Participation in Incident Investigations

Section 173 of the Act requires that both a preliminary investigation (section 175) and a full investigation (section 176) be conducted. Section 174 of the Act specifies that these investigations must be carried out by persons knowledgeable about the type of work involved. It also requires the participation of the employer representative, and a worker representative. Pursuant to section 174 (1.1) of the Act and section 3.28 of the regulation, the participation of a worker representative includes, but is not limited to, the following:

- Viewing the scene of the incident with the persons carrying out the investigation
- Providing advice respecting the methods used to carry out the investigation, the scope of the investigation, or any other aspect of the investigation
- Assisting the persons carrying out the investigation with:
 - Gathering information relating to the investigation
 - Analyzing the information gathered during the investigation
 - Identifying any corrective actions necessary to prevent recurrence of similar incidents

ENSURING PARTICIPATION

Employers are expected to ensure the participation of worker representatives in incident investigations - OHS Guideline G-D10-174-1.

IMPROVING COMMITTEE EFFECTIVENESS

We've heard from many Joint OH&S Committee members about their successes and challenges. Participants will learn to evaluate their performance, as well as develop the tools, resources and strategies to build on their successes and tackle the tough OH&S issues at their workplaces.

Effective April 2017 provincial OH&S regulations require an annual evaluation to measure the effectiveness of your committee. Participants will use the new WCB Evaluation Tool to identify opportunities to improve the effectiveness of their committees. If you completed an evaluation in the past year, please bring it to class.

In this course participants will:

- Indicate key elements of an effective OH&S Committee.
- Identify barriers facing an OH&S Committee and develop practical strategies and solutions to deal with them.
- Understand group dynamics and stages of group development.
- Practice how to solve issues and understand the dispute resolution process.
- Learn how to assess OH&S Committee activities and create a written evaluation using an evaluation tool.
- Learn how to develop short and long-term goals for the OH&S Committee and implement changes to improve health and safety.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Prerequisite: Completion of the OH&S Committee Part 1 course is required before taking this course.

OHSR 3.26 Evaluation Of Joint Committees

- (2) An employer must ensure that, with respect to each of the employer's joint committees, a written evaluation is conducted annually by (a) the co-chairs of the joint committee or, with respect to each co-chair, the member or members of the joint committee designated by the co-chair, or (b) the employer or a person retained by the employer.

SUPERVISOR OH&S RESPONSIBILITIES PART 1

Supervisors play a critical role in the workplace because they have the authority to oversee the work of others. As such, supervisors have considerable responsibilities under occupational health and safety legislation. A supervisor is required to be qualified by knowledge, training and experience in the work they oversee, be familiar with the legislation that applies to their workplace and knowledgeable about actual or potential workplace hazards so they can, in turn, advise workers about those hazards.

In this course participants will:

- Discuss legal requirements and responsibilities (provincial and federal).
- State the supervisor's role in addressing work refusals and conducting incident investigations.
- Identify the supervisor's role in conducting workplace inspections.
- Learn the principles of demonstration of "due diligence."

This program also reviews relevant case law and provisions of the *Criminal Code of Canada* (Bill C-45) to help participants better understand types of work that are supervisory in nature, their related legal duties and the consequences of non-compliance.

Audience: Supervisors, Managers and Worker Representatives.

*Courses specific to federal OH&S legislation are available on request.

Section 117

Workers Compensation Act -
General Duties Of Supervisors



- (1) Every supervisor must:
 - (a) ensure the health and safety of all workers under the direct supervision of the supervisor,
 - (b) be knowledgeable about this Part and those regulations applicable to the work being supervised, and
 - (c) comply with this Part, the regulations and any applicable orders.
- (2) Without limiting subsection (1), a supervisor must
 - (a) ensure that the workers under his or her direct supervision
 - (i) are made aware of all known or reasonably foreseeable health or safety hazards in the area where they work, and;
 - (ii) comply with this Part, the regulations and any applicable orders,
 - (b) consult and cooperate with the joint committee or worker health and safety representative for the workplace, and
 - (c) co-operate with the Board, officers of the Board and any other person carrying out a duty under this Part or the regulations.

"supervisor" means a person who instructs, directs and controls workers in the performance of their duties

SUPERVISOR OH&S RESPONSIBILITIES PART 2

The Supervisor OH&S Responsibilities Part 2 course has been designed to pick up where our Supervisor OH&S Responsibilities Part 1 leaves off. It assists participants to further develop the concepts, tools and resources needed to properly comply with supervisor OH&S roles and responsibilities at their workplaces. Completion of this course will further enhance skills obtained from workplace experience and the completion of Supervisor OH&S Responsibilities Part 1.

In this course participants will:

- Understand the supervisor's role in interpreting OH&S legislation, specific to regulation, policy and guidelines.
- Learn how to develop and implement safe work procedures (SWP) specific to OH&S programs.
- Understand the supervisor's role in demonstrating leadership.
- Practice effective communication by developing and conducting a three minute crew safety talk in class.
- Understand the role of the inspection authority in your workplace.

Audience: Supervisors, Managers and Worker Representatives.

Prerequisite: Completion of the Supervisor OH&S Responsibilities Part 1 course is required before taking this course.

*Courses specific to federal OH&S legislation are available on request.

UNDERSTANDING & CONDUCTING RISK ASSESSMENTS

Assessing risk is an approach to OH&S. Both federal and provincial OH&S legislation requires all employers to assess a variety of situations pertaining to risk in their workplaces. This course will cover when a risk assessment must be completed and will give participants hands-on experience in a variety of methods to conduct risk assessments.

In this course participants will:

- Learn about the risk assessment process specific to hazard identification.
- Analyze and evaluate the risk associated with specific hazards and determine appropriate ways to eliminate or control those hazards.
- Learn in practical terms that a risk assessment is a thorough look at your workplace specific to things that may cause harm to workers.
- Summarize hazard prioritization and precautionary principles.
- Learn how to increase awareness of hazards and risks.
- Learn how to implement controlled measures, by conducting a risk assessment.
- Discuss the requirements, who is responsible and the consequences of non-compliance.

Audience: OH&S Committee Members, Managers, Worker Representatives, and Supervisors

Prerequisite: Completion of the OH&S Committee Part 1 or Supervisor OH&S Responsibilities Part 1 course is required before taking this course.

*Courses specific to federal OH&S legislation are available on request.

STRAINS, ACHES AND PAINS:

WHAT JOINT OH&S COMMITTEES NEED TO KNOW ABOUT ERGONOMICS

This course is designed to provide OH&S Committee members with the knowledge and skills to identify and find effective solutions to ergonomic problems at the workplace.

In this course participants will:

- Learn about common health effects from musculoskeletal injuries (MSI).
- Learn how to comply with existing ergonomics legislation.
- Learn how to identify ergonomic hazards, learn risk assessment techniques and generate solutions to deal with hazards.
- Learn strategies to assist in implementing an effective prevention program.
- Have an opportunity to put theory into practice using the "Fix That Job" exercise.

* Office, healthcare and hospitality sector specific versions available on request

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors

PREVENTION OF VIOLENCE IN THE WORKPLACE

Workplace violence can take the form of physical aggression such as hitting, biting or kicking. It also includes verbal threats, swearing, name calling and bullying.

Violence is not part of anyone's job and the repercussions of workers being exposed to violence can be devastating, affecting their physical and mental health as well as their job satisfaction. For employers, it can result in reduced productivity and financial losses.

This course is intended to assist Joint OH&S Committees to identify potential hazards in the workplace, conduct a risk assessment and recommend corrective actions as they pertain to workplace violence. Participants will have the opportunity to develop a plan for violence prevention.

In this course participants will:

- Learn the requirements of health and safety legislation pertaining to implementing a violence prevention program.
- Learn how to identify and assess violent incidents and make recommendations for corrective solutions.
- Develop an outline for a workplace violence prevention program.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

*Courses specific to federal OH&S legislation and healthcare are available on request.

INTRODUCTION TO OCCUPATIONAL HEALTH (on request only)

Health hazards are not as apparent as safety hazards in the workplace and often don't receive as much attention or resources, yet their effects can be devastating.

Empowering workers, supervisors and managers to interpret reports and Safety Data Sheets (SDS) as well as research potential health hazards is a vital function of any proactive health and safety program.

In this course participants will:

- Learn about new legislative changes to Workplace Hazardous Materials Information System (WHMIS) through the introduction of the Globally Harmonized System (GHS) for chemicals and controlled products. These new requirements change the way that chemicals are labelled, stored and inventoried.
- Learn about the best practices and industry standards concerning occupational hygiene monitoring. Who, what, where, when and how to sample exposures to workplace toxins is imperative knowledge for any workplace wanting to be in compliance with both provincial and federal legislation.
- Learn about how our bodies are affected by workplace toxins and exposures, e.g., asbestos, moulds, biological hazards, noise and combustible dust.
- Learn about changes relating to WHMIS and the new Globally Harmonized System (GHS).
- Gain an understanding of the theory and practice of occupational hygiene monitoring and interpreting occupational hygiene reports, including threshold limit values (TLV) and time-weighted average (TWA) along with other important terms and references.
- Read, review and interpret exposure control plans and keep informed with the latest changes and requirements.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Violence is **NOT**
part of your job

verbal threats
cyber-stalking
swearing
screaming
yelling
pranks
stalking
sabotage
physical threats
insulting
domestic violence
vandalism
intimidation
rude gestures
excluding
assault
biting
ostracism
sexual harassment
rumours
hazing
kicking
attacks
bullying
choking
punching
grabbing
sexual harassment
rumours
bullying

endworkplaceviolence.ca

WOMEN'S HEALTH & SAFETY IN THE WORKPLACE

(on request only)

All workers face health and safety issues at work - injuries, workplace hazards, diseases, and stress. Many of these issues have a gender dimension - they affect women in particular ways.

This course provides participants with the opportunity to develop their ability to identify, assess and control workplace hazards from a woman's perspective.

In this course participants will:

- Discuss how women's health (including reproductive health) is affected by toxic workplace substances, work design and work organization.
- Learn about workplace stresses such as violence (including domestic violence), bullying and harassment.

Audience: Health and safety committee members and all women who want to know more about how to make our workplaces and lives safer and healthier.

Prerequisite: Completion of the OH&S Committee Part 1 course is required before taking this course.

EMERGENCY PREPAREDNESS

(on request only)

No workplace is immune from potential emergencies or disasters. This course provides participants with a fundamental understanding of the planning and preparations needed to assist workplaces to respond before, during and after an emergency/disaster in order to reduce the impacts.

In this course participants will:

- Learn the many components of emergency preparedness plans and identify legal obligations concerning their development and implementation.
- Discuss how Joint Health and Safety Committees should be involved in the process.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Upon completion of a course, you'll receive a 'Certificate of Achievement'



OH&S HAZARD SPECIFIC

OH&S LEGISLATION UPDATE

(on request only)

This course offers a unique opportunity for participants to update their occupational health and safety knowledge on existing and new OH&S legislation (both provincial and federal). Let us facilitate a discussion to help your leadership improve their knowledge and skills and discover the tools available to effectively tackle OH&S issues in their workplaces.

In this course participants will:

- Review recent changes to OH&S committee legal duties and functions.
- Review accident investigation procedure changes resulting from Bill 9.
- Review bullying and harassment and ergonomics regulation requirements.
- Understand the risk assessment process and legal requirements.
- Review the new globally harmonized system (GHS) requirements.
- Discuss how duty to accommodate relates to OH&S.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

MENTAL HEALTH & THE CSA STANDARD

Each year in Canada one in five people will experience a mental health problem or illness. Over a lifetime that number increases to one in three. The impact to our economy is a cost of more than 51 billion dollars.

The objective of this workshop is to provide participants with the tools to create strategies that will support workers with mental health issues, individually and collectively.

A psychological health and safety management system can help an organization identify hazards that can contribute to psychological harm to the worker. It is a preventive approach that assesses your workplace practices and identifies areas for improvement. A voluntary CSA standard (Psychological Health and Safety in the Workplace) has been developed to help organizations work towards this vision as part of a process of continual improvement.

In this course participants will:

- Learn about the myths and facts of mental illness.
- Identify the stigma associated with mental health illness.
- Identify organizational factors that contribute to mental illness.
- Learn how to apply the CSA standard for Psychological Health and Safety in the workplace as an effective strategy to create a workplace environment supportive of mental health.
- Learn about other resources available to workplaces.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Prerequisite: Completion of OHS Committee Part 1 or Supervisor Responsibilities Part 1 is recommended.



BULLYING & HARASSMENT

Workplace bullying and harassment can take many forms, including verbal aggression, spreading malicious rumours, personal attacks, hazing, cyber bullying and other intimidating or humiliating behaviours. If workplace bullying and harassment is not addressed, it can lead to lost productivity, anxiety, and sometimes even suicidal or homicidal thoughts or actions.

It is important that all workers understand what workplace bullying and harassment is and what it is not. It is also equally important for workers to know what steps they need to take when witnessing or experiencing bullying and harassment.

Workplace bullying and harassment is an occupational hazard and therefore all sections of the *Workers Compensation Act* that protect workers from exposure to hazards are applicable. Joint Occupational Health & Safety Committees need to understand their role in taking reasonable steps to eliminate or minimize workplace bullying and harassment.

In this course participants will:

- Define workplace bullying and harassment under both human rights law and health and safety law.
- Recognize the significant negative impact on individuals and organizations.
- Determine sources and root causes of workplace bullying and harassment and create effective proactive strategies to address it.
- Identify the requirements of WCB workplace bullying and harassment policies and their application.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

*A half-day version of this eight-hour course for workers and management general awareness is available on request. Request "B&H Short:"

MENTAL HEALTH FIRST AID

The Mental Health First Aid (MHFA) training course was developed by the Mental Health Commission of Canada to help people provide initial support to someone who may be developing a mental health problem or experiencing a mental health crisis. MHFA teaches mental health first aid skills. The course does not train people to be therapists, counselors, or mental health professionals. The philosophy behind MHFA is that a mental health crisis, such as suicidal and self-harming actions, may be avoided through early intervention. If a crisis does arise, a MHFA trained person in the workplace can take action that may reduce the harm that could result. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

This 12-hour evidence-based MHFA basic course will cover substance-related disorders, mood-related disorders, anxiety and trauma-related disorders and psychotic disorders.

In this course participants will:

- Increase awareness of signs and symptoms of the most common mental health problems.
- Decrease stigma related to mental health.
- Gain confidence interacting with individuals experiencing a mental health problem or crisis.
- Increase knowledge to help individuals in crisis or experiencing a mental health problem.

Audience: OH&S Committee Members, Supervisors, Managers, First Aid Attendants, or anyone that wishes to increase their skills to support their fellow workers.

Note: This is a two-day (12 hour) course.



IMPROVING RETURN TO WORK OUTCOMES

As disability-related costs increase, workplaces struggle with re-integrating workers with disabilities. Return to Work (RTW) education simplifies this process by focusing on RTW as a health and safety issue that must respect the fundamental principles of human rights. This workshop utilizes research-based RTW practices to equip participants with effective tools and strategies to facilitate successful work reintegration outcomes.

In this course participants will:

- Identify how the duty to accommodate does not guarantee an outcome but requires a process.
- Develop a process that performs an individual investigation of a worker with disabilities' needs and characteristics.
- Practice the development of creative solutions that lead to reasonable accommodation.
- Learn the legal responsibilities of the employer, unions and workers in the accommodation process so that a collaborative approach can be adopted.
- Explore the paradigm shift from managing disability to preventing work disability that integrates health and safety practices with return to work solutions to produce a new proactive approach to RTW that will result in lower human and financial costs.

Audience: OH&S Committee Members, Managers, Worker Representatives, Supervisors, anyone with RTW responsibilities.



SECTOR SPECIFIC

MINING SECTOR HEALTH & SAFETY COMMITTEE & SUPERVISOR EDUCATION

In British Columbia, mining operations and exploration activities fall under the *Health, Safety and Reclamation Code for Mines* in British Columbia. Our courses are tailored to reference this specific legislation.

Contact the Centre for a current list of mining-sector specific OH&S courses.

FEDERAL HEALTH & SAFETY COMMITTEE & SUPERVISOR EDUCATION

Certain workplaces such as railways, airports, inter-provincial transport, pipelines, broadcasting systems, marine shipping, telephone systems and federal government employees fall under federal health and safety legislation (*Canada Labour Code Part II*). This legislation specific program aims to prepare OH&S committee members in the federal jurisdiction to play an active and confident role on joint committees. The majority of our courses are available in a "federal legislation" format.

Contact the Centre for a current list of federal-sector specific OH&S courses.

APRIL 28

NATIONAL DAY OF MOURNING

For workers who have been killed, suffer work-related injury or disease.

CRYING MOON

ARTIST: Burton Amos, Haisla/Tsimshian Nations

The centre face image represents a dan mother weeping at the loss of a loved one.
 The hands around the face are reaching out to others for support in a time of need.
 The face images around the outside are parents facing each other... weeping, sad at their loss.
 The Crosshatch design in the faces represents guarding and the need to insist loved ones are kept safe.
 The eye in the middle of the face image represents wisdom and the need to learn from senseless tragedy.

www.healthandsafety.bc.ca
 Phone: 604.453.1453 Toll free: 1.888.223.5669

The Moon in aboriginal culture often represents transition between living and death. The moon also represents the night, when people go to sleep, and often remember those not with us in this life any longer.

Day of Mourning Poster



Your Health & Safety Education Resource

THE LAW

- ✓ Joint Health and Safety Committees are legally required in workplaces with more than 20 employees. Workplaces with less than 20 employees require a worker-designated Health and Safety Representative.
- ✓ Section 135 of the Workers' Compensation Act (WCA) requires the employer to pay for a committee member or worker-representative's chosen training course as well as provide annual educational leave without loss of pay. (Federal and Mining OHS Legislation has similar requirements)
- ✓ New sections to the WCB Occupational Health and Safety Regulation took effect April 3, 2017:
- ✓ Section 3.27: Establishes mandatory minimum training and education for new joint committee members and worker-representatives. (*This is in addition to the annual eight-hour education entitlement for OHS committee members in Section 135 of the WCA)
- ✓ Section 3.26: Requires an annual evaluation to measure the effectiveness of joint committees by the co-chairs.
- ✓ Section 3.28: Requires worker-representatives to be involved with the gathering, analyzing and identifying of corrective actions in workplace incident investigations.
- ✓ The Centre receives its program funding from WCB. When training is requested the employer must act in a manner consistent with the purpose and intent of section 135. Permission must not be unreasonably denied.

OUR COURSES

- OH&S Committees Part 1 & 2
- Incident Investigations
- Improving Committee Effectiveness
- Supervisor OH&S Responsibilities Part 1 & 2
- Understanding & Conducting Risk Assessments
- Mental Health First Aid
- Mental Health and the CSA Standard
- Workplace Bullying & Harassment
- Improving Return to Work Outcomes
- Ergonomics
- Prevention of Violence in the Workplace
- Introduction to Occupational Health
- Women's Health & Safety in the Workplace

Each 8 hr course satisfies Sec. 135 of the Workers Compensation Act. Provincial, Federal & Mining Regulations reviewed.



BC FED Health & Safety Centre

For schedule and course descriptions:

healthandsafetybc.ca

Toll-free: 1.888.223.5669



2020 Public Course Schedule		OHS Committee Part 1 Satisfies (OHSR 3.27) mandatory training		OHS Committee Part 2		Incident Investigations		Committee Effectiveness		Mental Health First Aid (2 day course)		Bullying & Harassment		Mental Health and the CSA Standard		Improving Return to Work Outcomes		Supervisor OHS Part 1		Supervisor OHS Part 2		Risk Assessments		Ergonomics		Prevention of Violence		
Lower Mainland & Fraser Valley	New Westminster	5-May		6-May	7-May		May 20-21	16-Dec	15-Dec		23-Jun	24-Jun	25-Jun	17-Dec	18-Dec													
		1-Dec		2-Dec	3-Dec		Dec 8-9				16-Dec	17-Dec	15-Dec															
	Vancouver	Monthly - check online		18-Jun	9-Apr	17-Apr	Apr 7-8	9-Oct	8-Oct	18-Dec				26-Jun	19-Jun													
				30-Oct	9-Jun	10-Jun	Sep 29-30																					
	Chilliwack	20-Oct	21-May	21-Oct	22-Oct																							
Surrey / Langley	16-Jun	29-Sep	30-Sep	1-Oct	2-Oct	Apr 29-30	13-May	12-May		6-Oct	7-Oct	8-Oct	09-Oct															
Abbotsford	7-Apr	17-Nov	9-Apr	19-Nov	20-Nov	Jun 2-3	24-Jun	23-Jun	20-May	15-Apr	16-Apr	14-Apr	20-Nov	12-Nov														
Vancouver Island & Sunshine Coast	Nanaimo	31-Mar	26-May	27-May	28-May		May 26-27	27-May	28-May		28-Oct		29-Oct	5-Nov	5-Nov													
		27-Oct	17-Nov	28-Oct	29-Oct																							
	Campbell River	2-Jun		3-Jun	4-Jun																							
		20-Oct		21-Oct	22-Oct																							
	Port Hardy	21-Apr			22-Apr																							
	Port Alberni	17-Sep																										
	Courtenay	15-Sep																										
	Powell River	05-May		6-May	7-May																							
	Gibsons	20-Oct					Apr 21-22																					
	Victoria / Colwood	Monthly - check online		16-Apr	17-Apr	10-Dec	Apr 7-8	21-May	20-May	10-Nov	28-Apr	29-Apr	30-Apr	21-Oct	22-Oct													
			4-Nov	5-Nov		Nov 17-18	20-Nov	19-Nov		15-Sep	16-Sep	17-Sep																
North & Northwest	Fort St. John	5-Mar	22-Sep	23-Sep	24-Sep		Sep 22-23	23-Sep	24-Sep																			
	Dawson Creek	12-May		13-May								14-May																
	Mackenzie	26-May		27-May	28-May																							
	Terrace	16-Jun	16-Sep	17-Jun	18-Jun	8-Oct	Oct 6-7	18-Jun	17-Jun		17-Jun		18-Jun	16-Sep	17-Sep													
	Prince Rupert	31-Mar		1-Apr	2-Apr		Mar 31-Apr 1				31-Mar		1-Apr															
	Kitimat	21-Apr	15-Sep	16-Sep	17-Sep		Jun 16-17																					
		Prince George	21-Apr		22-Apr	23-Apr	08-Oct	Jun 2-3	10-Jun	11-Jun	21-Apr	22-Apr		23-Apr	7-Oct	08-Oct												
			9-Jun		10-Jun	11-Jun																						
		6-Oct		07-Oct	08-Oct																							
	Smithers	15-Sep		16-Sep	17-Sep		Sep 15-16																					
Burns Lake	3-Sep																											
Houston	1-Sep																											
Fort Nelson	3-Mar					Mar 4-5																						
Interior	100 Mile House	26-May		27-May	28-May		Sep 15-16																					
	Williams Lake	2-Jun		3-Jun	4-Jun		Mar 24-25																					
	Quesnel	12-May		13-May	14-May																							
	Kamloops	24-Mar	12-May	13-May	14-May	21-Oct	May 12-13	14-May	14-May		3-Nov		4-Nov	05-Nov	20-Oct													
6-Oct		27-Oct	28-Oct	29-Oct																								
Kootenays	Castlegar	2-Jun		3-Jun	4-Jun		Apr 15-16	16-Apr	15-Apr	03-Jun	23-Sep		24-Sep	1-Oct	30-Sep													
		22-Sep		23-Sep	24-Sep																							
	Cranbrook	16-Jun		17-Jun	18-Jun	10-Nov	May 5-6	06-May	05-May					17-Nov	18-Nov													
		3-Nov		4-Nov	5-Nov																							
	Fernie	9-Sep																										
Golden	11-Sep					Sep 2-3																						
Okanagan	Penticton	31-Mar	12-Jun	1-Apr	2-Apr																							
		15-Sep		16-Sep	17-Sep																							
	Princeton	11-Feb		12-Feb	13-Feb																							
	Salmon Arm	20-May					Sep 9-10																					
		21-Apr	9-Jun	22-Apr	23-Apr																							
Vernon	22-Sep																											
Kelowna	15-Apr	16-Jun	17-Jun	18-Jun	10-Jun	Jun 23-24	25-Jun	25-Jun																				
	9-Sep	17-Nov	18-Nov	19-Nov	10-Dec	Dec 1-2	8-Dec	3-Dec	04-Dec	1-Dec	2-Dec	3-Dec	13-Nov	12-Nov														



REGISTER ONLINE AT:
healthandsafetybc.ca

All courses are eight hours in length from 8:30 am to 4:30 pm.

Participant cost: \$150*
* When registering 14 days in advance.

Course dates and offerings subject to change. Please check online for updates and additions. Two day Mental Health First Aid course cost \$295.

Interested in in-house training options? With a minimum of 10 people we may be able to respond to requests. Go to healthandsafetybc.ca and subheading *Request an in-house session*.



200-5118 Joyce St., Vancouver BC V5R 4H1 (by Joyce Skytrain)



Funded by WorkSafe BC

BCFED Health & Safety Centre

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ohsadmin@bcfed.ca