



**BCFED Health & Safety
centre**

2018 Advanced OH&S *Skills Development Summer School*

Aava Whistler Hotel
4005 Whistler Way
Whistler, 1 800 663 5644
www.aavawhistlerhotel.com

The **BCFED Health & Safety Centre** is offering certificate programs combining several of our most popular courses at our OH&S Summer School in Whistler, BC. Participants completing the program (4 days, Monday to Thursday) will receive a *Certificate in OH&S Fundamentals*.

OH&S Committee Members, Co-Chairs, Safety Coordinators, Supervisors and Managers are all encouraged to attend. This is a great opportunity to take many of our eight hour courses in a compressed time frame and get your skills up to speed quickly.

**JUNE
4-5**

MENTAL HEALTH FIRST AID

Two day course \$350

**JUNE
4-7**

RETURN TO WORK: GETTING BEYOND LIGHT DUTIES

[Improving Return to Work Outcomes (in depth),
Accommodating Mental Health Issues]

**JUNE
11-14**

OCCUPATIONAL HEALTH AND SAFETY

[Occupational Health & Safety Part 1 & 2, Incident Investigations,
Improving Committee Effectiveness]

**JUNE
11-14**

BUILDING PSYCHOLOGICALLY HEALTHY WORKPLACES

[Bullying & Harassment, Preventing Workplace Stress, Accommodating
Mental Health Issues, Implementing the CSA Mental Health Standard]

**JUNE
11-14**

SUPERVISOR OH&S RESPONSIBILITIES

[Supervisor OH&S Responsibilities Part 1 & 2, Risk Assessment, Incident Investigations]

(See reverse for course descriptions)

**Course Cost: \$700 Per Person
(all 4 days, Monday to Thursday)**

Accommodation costs separate.

Guaranteed rate of \$118 per night if you book 30 days in advance (note: 2 day cancellation). Quote "BCFED Health & Safety Centre" when booking to receive this rate.

**REGISTER AT
healthandsafetybc.ca**

For more information about content,
contact the Centre at 1.888.223.5669

OCCUPATIONAL HEALTH & SAFETY (June 11-14)

This Occupational Health and Safety course will introduce participants to the fundamental basic principles of workplace health and safety. In this course, participants will learn the responsibilities and duties of the Joint OH&S Committee, OH&S legislation (Provincial and Federal), workers' OH&S rights and the procedure for refusing unsafe work, how to conduct effective incident investigations and safety inspections, identify and assess ergonomic problems in the workplace, and ways of finding solutions.

Audience: OH&S Committee Members, Managers and Worker Representatives.

Eight hour course equivalent: OH&S Part 1, OH&S Part 2, Incident Investigations, Improving Committee Effectiveness.

Certificate: 'Fundamentals of Occupational Health & Safety'

BUILDING PSYCHOLOGICALLY HEALTHY WORKPLACES (June 11-14)

Current research confirms that mental health issues are prevalent in B.C. workplaces. Workers who experience mental health issues face incredible challenges in the workplace. Many are misunderstood, stigmatized, and under-utilized. From an organizational effectiveness and sustainability perspective, this is a significant business issue and one that requires attention. In a world where shortages of critical skills are, and will continue to be, a priority for many organizations, we cannot afford to allow the situation to continue.

Workplace stress, bullying, harassment, and violence are increasingly the predominant issue for Canadians. Awareness of the staggering economic cost of workplace stress and related issues (\$51 billion annually) grows steadily. Research also points to stress as a contributing factor in actual workplace accidents, injuries, and violence, making it a major factor in OH&S.

This course looks at all of the various workplace psycho-social factors and works on developing and implementing an effective plan that will improve the psychological health and safety of a workplace. The course examines strategies that eliminate, minimize, and accommodate psychological health issues.

Audience: OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Eight hour course equivalent: Bullying & Harassment, Preventing Workplace Stress, Accommodating Mental Health Issues, Implementing the CSA Mental Health Standard.

Certificate: 'Fundamentals of Psychological Health & Safety'

RETURN TO WORK: GETTING BEYOND LIGHT DUTIES (June 4-7)

This course is designed to equip participants with tools and strategies for successful work reintegration outcomes. Participants will explore leading research and learn the principles of good work reintegration practices and the duty to accommodate. The course has a strong focus on the analysis and interpretation of human rights obligations and particularly the duty to accommodate. Barriers to successful work reintegration are addressed with a focus on attitudinal barriers and their elimination using the social model of disability and therapeutic return to work principles. An in-depth comparison between older methods of disability management and the newer, progressive disability prevention model is presented and participants learn about the paradigm shift from management to prevention.

Audience: OH&S Committee Members, Managers, Worker Representatives, Supervisors, anyone with RTW responsibilities.

Eight hour course equivalent: Improving Return to Work Outcomes (in depth), Accommodating Mental Health Issues.

Certificate: 'Fundamentals in Return to Work'

Advanced OH&S Skills Development Summer School

SUPERVISOR OH&S RESPONSIBILITIES

(June 11-14)

Supervisors play a critical role in the workplace because they have the authority to oversee the work of others. As such, supervisors have considerable responsibilities under Occupational Health & Safety Legislation. A supervisor is required to be qualified by knowledge, training and experience in the work they oversee, be familiar with the legislation that applies to their workplace and knowledgeable about actual or potential workplace hazards, so they can in turn advise workers about these hazards.

In this course participants will: discuss legal requirements and responsibilities (Provincial and Federal) and learn about the supervisor's role in addressing work refusals and conducting investigations and workplace inspections. They will also learn the principles of demonstration of "due diligence", the development and implementation of SWPs (safe work procedures) specific to OH&S programs, and how to demonstrate leadership and communicate effectively by developing and conducting safety crew talks.

This program also reviews relevant case law and provisions of the Criminal Code of Canada (Bill C-45) to help participants better identify types of work that are supervisory in nature and their related legal duties, and understand the consequences of non-compliance.

Audience: Supervisors and Managers.

Eight hour course equivalent: Supervisor OH&S Responsibilities Part 1, Supervisor OH&S Responsibilities Part 2, Incident Investigations, Risk Assessment

Certificate: 'Supervisor Fundamentals in OH&S'

MENTAL HEALTH FIRST AID (JUNE 4- 5)

The Mental Health First Aid (MHFA) training course was developed by the Mental Health Commission of Canada to help people provide initial support to someone who may be developing a mental health problem or experiencing a mental health crisis. MHFA teaches mental health first aid skills. The course does not train people to be therapists, counselors, or mental health professionals. The philosophy behind MHFA is that a mental health crisis, such as suicidal and self-harming actions, may be avoided through early intervention. If a crisis does arise, an MHFA trained person in the workplace can take action that may reduce the harm that could result. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

This 12-hour evidence-based MHFA Basic course will cover Substance-related disorders, Mood-related disorders, Anxiety and trauma-related disorders and Psychotic disorders.

In this course participants will gain: Increased awareness of signs and symptoms of the most common mental health problems. Decreased stigma related to mental health. Confidence interacting with individuals experiencing a mental health problem or crisis. Increased knowledge to help individuals in crisis or experiencing a mental health problem.

Audience: OH&S Committee Members, Supervisors, Managers, First Aid Attendants, or anyone that wishes to increase their skills to support their fellow workers.

Certificate: 'Mental Health First Aid' from the Mental Health Commission of Canada

Two day course \$350